

Christina Mitsani

Academic and Artistic CV

Special Teaching Staff Member (EEP)

Department of Audio and Visual Arts, Ionian University

Subject area: The Art of Performance

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Videos of works: YouTube

Short Biography

Christina Mitsani is a visual artist and a Special Teaching Staff member in the Department of Audio and Visual Arts at Ionian University. She graduated from the School of Fine Arts at Aristotle University of Thessaloniki and holds a postgraduate degree in “Audiovisual Arts in the Digital Age” from Ionian University.

Her artistic practice encompasses performance art, video, painting, set design and costume design. She explores the relationships between the body, memory and image, as well as the intersection of live performance and audiovisual media. Her teaching connects visual arts practice with performance art and the development of students’ artistic projects.

Education and Training

2018: Postgraduate degree with distinction in “Audiovisual Arts in the Digital Age,” Department of Audio and Visual Arts, Ionian University.

1997: Acting seminars with Aris Retsos and Michael Marmarinos.

1996: Bioenergy workshop with Michael Marmarinos, Chania.

1995: Degree in Fine Arts, Aristotle University of Thessaloniki. Studies supported by a scholarship.

1990: Acting studies at the Parathlasi Theatre Studio and the Theatre Workshop of the Experimental Stage of Art, Thessaloniki.

1984: Graphic design courses at the Vakalo Centre for Applied Arts.

Research Interests

- Performance art and embodied memory.
- The body as a bearer of personal and collective experience and as an archive of trauma.
- Archetypes, the collective unconscious, symbols and ritual in performance art.
- Gender identity, corporeality and transformation.
- Hybrid forms of performance and the relationships between live presence, moving image and sound.
- Practice-based artistic research.

Academic and Teaching Experience

April 2019–present: Special Teaching Staff member, Department of Audio and Visual Arts, Ionian University, specialising in “The Art of Performance.”

2010–2019: Teaching in secondary education.

2004–2010: Teaching Freehand Drawing in the Department of Audio and Visual Arts, Ionian University.

1998–2004: Teaching Visual Arts in secondary education.

1997–1998: Teaching Freehand Drawing at private schools and vocational training institutes (IEK).

Selected Courses

2020–present: Video Art (AVA944), co-teaching.

2020–present: Freehand Drawing (VIS130), tutorial sessions.

2019–present: The Art of Performance (AVA640), co-teaching.

2024–present: Experiential workshop within the course “Communication Theory” (THE202).

Undergraduate Thesis Supervision

2026 — Zanna Sakka: Thesis supervisor.

“Video Performance and Archetypal Structures of the Unconscious: A Visual Arts Approach to Psychotic Experience.”

2025 — Anastasia Prodromaki, *Echoes of the Wound*: Thesis co-supervisor, with Maria Krigka as principal supervisor. A video incorporating performance elements, selected for presentation at the two-day Video Art event at the Museum of Contemporary Art in Florina in 2026. Announcement.

2024 — Evan Garde (Evangelos Georgiadis), *Tu contra Te*: Thesis supervisor. Multimedia performance presented at Polytechno, Corfu.

2024 — Elli Lymperopoulou: Thesis co-supervisor, with Maria Krigka as principal supervisor. “A Mountain Triptych: A Study of Video Performance Inspired by Personal Experience.”

Supervision of Individual Student Projects

2026 — Myrto Tsaropoulou, *Root Memory*: Site-specific video performance. Work presentation.

2026 — Vasilis Ntelis, *INTERGENERATIONAL TRAUMA*.

2023 — Evan Garde (Evangelos Georgiadis), *Tu contra Te*: Supervision of an individual performance project presented at the Ionian Academy on 7 December 2023. The work examines the relationship between soul and body and the perception of past, present and future. Announcement.

2023 — Anastasia Prodromaki, *Hurting Pointe*. Work presentation.

Curation and Mentoring of Student Artistic Activities

2026: Curation of performance events at the 19th Audiovisual Arts Festival, Corfu, 7–17 May. Announcement.

2026: Participation in the teaching and mentoring team for the student exhibition of video art and installations *Timing: Negotiations of Time*, alongside Konstantinos Tiligadis, Maria Krigka and Vasilis Alexandrou. Toss Gallery, Thessaloniki, 20–22 March. Announcement.

2025: Artistic direction of undergraduate student performances at the 18th Audiovisual Arts Festival. Polytechno, Corfu, 12 May. Announcement.

2024 — *Honeycomb*: Joint artistic direction, with Chari Marini, of performances by the External Actions Group.

Conferences and Educational Workshops

2025: Participation in the 7th International Forum of Performance Art (IFPA), with a talk and presentation of *INTERSEX* on 26 September and an educational workshop on 27 September. Organised by Emphasis — Centre for Contemporary Art and Culture and Almakalma — Research Laboratory of Performing Arts. Announcement.

2023: Participation in the international conference *FEMeeting: Women in Art, Science and Technology*, Lisbon and Évora, Portugal, 12–17 September. Video presentation and talk on *The Deep Field*.

Educational Activities with Guest Artists

21 November 2023: Joint teaching responsibility, with Konstantinos Tiligadis and Maria Krigka, for a presentation by video artist Angelina Voskopoulou within the course “Video Art” (AVA944). Announcement.

18–19 March 2022: Joint teaching responsibility, with Charikleia (Chari) Marini, for a two-day educational programme featuring guest artist Kostis Zouliatis, within the course “The Art of Performance.” The programme included the music and drama workshop “Epicycle,” a screening of the documentary *Anaparastasis* and a seminar on the work of Jani Christou. Ionian Academy, Corfu. Announcement.

21 April 2021: Instructor responsible for the course “The Art of Performance” (AVA640), which hosted a guest lecture by Francesco Kiais. Announcement.

6 April 2021: Instructor responsible for the course “The Art of Performance” (AVA640), featuring a guest lecture by Filippos Tsitsopoulos. Announcement.

8 December 2020: Joint teaching responsibility, with Konstantinos Tiligadis and Maria Krigka, for an educational session featuring guest artist Filippos Tsitsopoulos within the course “Video Art” (AVA944). Announcement.

Participation in the InArts Laboratory

Hybrid Arts Hub: Member.

Node of Animation Art (NoAA): Member. InArts profile.

Artistic Work

2024 — INTERSEX

Creation and presentation of a performance in collaboration with dancer and choreographer Mary Rantou and composer Nikos Kanelakis. Drawing on the myth of Hermaphroditus and Ovid's *Metamorphoses*, the work explores gender identity, corporeality and transformation. Theatriki Sympaignia, Stage 125, Ioannina, 2–3 February. Announcement.

2021 — The Deep Field 2

Live performance at Polytechno, Corfu, as part of the festival of the Department of Audio and Visual Arts at Ionian University.

2020 — The Deep Field

Presentation of a recorded performance at the festival of the Department of Audio and Visual Arts at Ionian University, due to the pandemic.

2018 — Dangerous Liaisons — The Encounter

Video performance presented at the festival of the Department of Audio and Visual Arts.

2017 — Dangerous Liaisons — The Encounter

Presentation of a postgraduate thesis project at Polytechno, Corfu, in September. Inspired by Choderlos de Laclos's *Dangerous Liaisons*, the work combines video and live performance and examines love, its absence, time and self-image. Script, direction, sets, costumes and performance: Christina Mitsani.

2016 — Sylvia Plath, "To Die Is an Art"

Video created within the postgraduate programme "Audiovisual Arts in the Digital Age" at Ionian University.

2011 — Danaid

Solo exhibition of video and painting, Municipal Art Gallery of Corfu, February.

Solo exhibition of video and painting, Vafopouleio Cultural Centre, Thessaloniki, September.

Video contribution to the *Danaid* concert, Electroacoustic Music Days, Department of Music Technology and Acoustics, Rethymno, December.

2008 — The Colours of Music — The Music of Colours

Concept, organisation and production of a music and visual arts performance for the "Imaginary Worlds" festival of the Department of Audio and Visual Arts, in collaboration with the Department of Music Studies at Ionian University.

2007 — Exhibition of Manipulated Photography and Mixed Media

La Perla exhibition space, Corfu, August.

2006 — Free Color Painting

Music and visual arts performance at the Muse Briganti Festival, Latronico, Italy, July. Painting workshops were also held at the same festival.

2001 — Visual Arts Performance in Collaboration with Anne Soulis

School of Fine Arts residential station, Tombazis Mansion, Hydra, July.

1996 — Solo Exhibition

Municipal Cultural Centre of Kifisia, November. [Year to be confirmed due to a different date listed on the artist's personal website.]

1995 — Fine Arts Graduates' Group Exhibition

Thessaloniki Port Exhibition Space, September.

Theatre and Stage Work

2002–2003: Costume design and construction for *Two White Whales*, TAU Theatre Group.

2002: Participation in *Coast to Coast*, produced by Armonia-Lettere, featuring live readings from the *Odyssey* and music. L'Arenile, Naples, Italy, July.

2001–2002: Cast member in *Siralena*, TAU Theatre Group.

1996: Set design and cast member in Loula Anagnostaki's *The Association*, Theatre Workshop of the Experimental Stage of Art, Thessaloniki.

1993: Cast member in Shakespeare's *Pericles*, Parathlasi Theatre, Thessaloniki.

1992: Set design for Copi's *An Unnecessary Visit*, Parathlasi Theatre Studio, Thessaloniki.

1992: Set design and cast member in Valle-Inclán's *Divine Words*, Parathlasi Theatre, Thessaloniki.

1991: Cast member in Euripides' *The Trojan Women*, Parathlasi Theatre, Thessaloniki.

Video and Audiovisual Documentation

1. Intersex Performance Short V4

Short excerpt from *INTERSEX*, exploring corporeality, gender identity and transformation through movement and electronic music.

2. DEEP FIELD 2

Excerpt from a live performance at Polytechno. [The upload description refers to the 15th Festival; its correspondence with the specific presentation remains to be confirmed.]

3. The Deep Field

Video of the work referencing the 2021 Audiovisual Arts Festival.

4. Dangerous Liaisons — The Encounter

Short excerpt from the work of the same title, combining video imagery and live performance.

5. RODIN A 006 PAL MPEG

First version of *Danaid*.

6. TRAXILOS 17'11"

Video of the presentation of *The Deep Field* at Polytechno in 2022.

7. Sylvia Plath, "To Die Is an Art" — Video

2017: Video created within the postgraduate programme "Audiovisual Arts in the Digital Age."

8. Dangerous Liaisons — The Encounter — Video Performance

Longer video of the work inspired by Choderlos de Laclos, exploring love, time and self-image.

9. DANAID 2011

Video of the final version of *Danaid*, associated with the video and painting exhibitions of 2011.

Foreign Languages

English.