

<b>SCHOOL</b>	FACULTY OF ENVIRONMENT		
<b>ACADEMIC UNIT</b>	FOOD SCIENCE AND TECHNOLOGY		
<b>LEVEL OF STUDIES</b>	UNDERGRADUATE		
<b>COURSE CODE</b>	FST921	<b>SEMESTER</b>	6
<b>COURSE TITLE</b>	FOOD ADDITIVES AND SWEETENERS		
<b>INDEPENDENT TEACHING ACTIVITIES</b> <i>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercise, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</i>	<b>WEEKLY TEACHING HOURS</b>	<b>CREDITS</b>	
Lectures	3		
<b>Total</b>	3	6	
<i>Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).</i>			
<b>COURSE TYPE</b> <i>General background, special background, specialised general knowledge, skills development</i>	Special Background/ Skills development		
<b>PREREQUISITE COURSES:</b>			
<b>LANGUAGE OF INSTRUCTION and EXAMINATIONS:</b>	Greek		
<b>IS THE COURSE OFFERED TO ERASMUS STUDENTS</b>	Yes (in Greek)		
<b>COURSE WEBSITE (URL)</b>			

## LEARNING OUTCOMES

### Learning Outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

The aim of the course is to provide the necessary knowledge about the additives and natural and artificial sweeteners used in food.

**Upon successful completion of the course the student will be able to:**

- Identify and assort the types of sweeteners and additives used in the food industry
- Describe the importance of the use of sweeteners and additives in foods

- Identify the appropriate additive or sweetener for specific food applications

### General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology  
Adapting to new situations  
Decision-making  
Working independently  
Team work  
Working in an international environment  
Working in an interdisciplinary environment  
Production of new research ideas

Project planning and management  
Respect for difference and multiculturalism  
Respect for the natural environment  
Showing social, professional and ethical responsibility and sensitivity to gender issues  
Criticism and self-criticism  
Production of free, creative and inductive thinking  
.....  
Others...  
.....

1. Adapting to new situations
2. Decision-making
3. Working independently
4. Team work
5. Criticism and self-criticism
6. Production of free, creative and inductive thinking
7. Search for, analysis and synthesis of data and information, with the use of the necessary technology

### SYLLABUS

Additives: vitamins, amino acids, minerals, flavorings, flavor enhancers, sugar substitutes, sweeteners, food coloring, acids, bases, antimicrobials, antioxidants, complexing agents, complexing agents (complexing agents) Aggregates, thickeners, stabilizers, moisturizers, agglomerating additives, bleaching agents, clarifying agents, propellants, shielding gases. Sweeteners: Structural requirements, structure and sweetness relationship, synergy, sycarinic, stevioside, GymnemaSilvestre extract, osladin, phyllodulcine, glycyrrhizin, nitroanilines, dihydrohalcones, urea and guanidines, oximes, oxathiazine dioxide, dipeptide esters and amides, hernalhalacin.

### TEACHING and LEARNING METHODS - EVALUATION

<b>DELIVERY</b> <i>Face-to-face, Distance learning, etc.</i>	Face-to-face	
<b>USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</b> <i>Use of ICT in teaching, laboratory education, communication with students</i>	Use of information technology on data collection and information, in teaching and communication. Communication with students via web, e-mail, e-class and online folder sharing options etc.	
<b>TEACHING METHODS</b> <i>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</i>	<b>Activity</b>	<b>Semester workload</b>
	Lectures	117
	<b>Total</b>	<b>117</b>

<p><b>STUDENT PERFORMANCE EVALUATION</b></p> <p><i>Description of the evaluation procedure</i></p> <p><i>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short- answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other</i></p> <p><i>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</i></p>	Written Evaluation
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## ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

- 1.Κυρανάς Ε., Πρόσθετα Τροφίμων και Νομοθεσία, 2011.
2. H.-D. Belitz, W. Grosch, P. Schieberle, Χημεία Τροφίμων, 4η έκδοση, 2011
3. Λαμπρόπουλος Α., Ανέστης Σ., Γλυκαντικές Ουσίες, 2008.

Performance Statistics of the last 2years			
Grade (descending order)	absolute frequency	relative frequency %	sum of success rates per class
FOOD ADDITIVES AND SWEETENERS			
10	1	11%	11%
9	0	0%	11%
8	0	0%	11%
7	4	44%	56%
6	4	44%	100%
	9	100%	