# FOOD TOXICOLOGY

SCHOOL	FACULTY OF ENVIRONMENT					
ACADEMIC UNIT	FOOD SCIENCE AND TECHNOLOGY					
LEVEL OF STUDIES	UNDERGRADUATE					
COURSE CODE	FST701 SEMESTER 7					
COURSE TITLE	FOOD TOXICOLOGY					
INDEPENDENT TEACHIN if credits are awarded for separate cor lectures, laboratory exercise, etc. If the cre of the course, give the weekly teaching	ACHING ACTIVITIES ate components of the course, e.g. the credits are awarded for the whole eaching hours and the total credits		WEEKLY TEACHING HOURS	CREDITS		
		Lectures	2			
			2			
To		Total	4	5		
Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).						
COURSE TYPE General background, special background, specialised general knowledge, skills development PREREQUISITE COURSES:	Specialised g	eneral knowled	ge			
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek					
IS THE COURSE OFFERED TO ERASMUS STUDENTS	Yes					
COURSE WEBSITE (URL)						

# LEARNING OUTCOMES

#### **Learning Outcomes**

The course earning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

## Upon successful completion of the course the student will be able to:

- Identify toxic substances present in food as endogenous components, as exogenous factors from the environment, as products of interaction of ingredients in the preparation of food and as toxins of microorganisms
- Describe the processes of absorption, distribution, biotransformation. and excretion of toxic substances by the body.
- Understand the effect of toxic substances on the human body, the symptoms and ways of avoiding or preventing poisoning

Apply modern methods of detection and identification of toxic substances

#### **General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and	Project planning and management
information, with the use of the necessary technology	Respect for difference and multiculturalism
Adapting to new situations	Respect for the natural environment
Decision-making	Showing social, professional and ethical responsibility and sensitivity to gender issues
Working independently	Criticism and self-criticism
Team work	Production of free, creative and inductive thinking
Working in an international environment	
Working in an interdisciplinary environment	
Production of new research ideas	Others
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- (1) Adapting to new situations
- (2) Decision-making
- (3) Working independently
- (4) Team work
- (5) Criticism and self-criticism
- (6) Production of free, creative and inductive thinking
- (7) Search for, analysis and synthesis of data and information, with the use of the necessary technology

# **SYLLABUS**

## Theoretical part

Definition of food toxicology. Food safety assessment. Ways of action of toxic substances. Phases of toxic action. Effect dose ratio and effect time. Methods for detection and determination of toxic substances in food. Synergy and competition of toxic substances. Definition of ADI and NOEL. Toxicological tests. Ways of manifestation of poisoning. Toxicological role of the gastrointestinal tract. Toxins of microorganisms. Toxicity of food and natural ingredients of food. Interaction of drugs and food ingredients. Toxic substances from the environment. Toxic substances formed during the processing or preparation of food.

## Laboratory part of the lesson

Introduction to laboratory food toxicology analyzes. Methods of analysis / Acute toxicity tests. Design of the basic parameters of the measurements. Impact dose curves determination LD50 and EC50. Determination of toxic substances in food

<b>DELIVERY</b> Face-to-face, Distance learning, etc.	Face-to-face						
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY Use of ICT in teaching, laboratory education, communication with students	Use of information technology on data collection and information, in teaching and communication. Communication with students via web, e-mail, e-class and online folder sharing options etc.						
TEACHING METHODS	Activity	Semester workload					
	Lectures	78					
The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc. The student's study hours for each learning activity are given as well as the hours of non- directed study according to the principles of the ECTS	Laboratory classes	26					
	Total contact hours and training	104					
STUDENT PERFORMANCE EVALUATION Description of the evaluation procedure Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short- answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other	Written examination on grad	ded multiple choice difficulty plu	us a written project Language				
given, and if and where they are accessible to students.							
- Suggested bibliography: • Γιανκίνης Κ., Καραντώνης Χ., Γκιαοι	ίρης Ε., Σταμάτιος Θ., Τοξικο	λονία Τροφίμων. 2016 Εκδόσε					

• Tu A.T.: Handbook of Natural Toxins, Colorado St. Univ., Marcel Dekker Inc., NY, 1992.

• Botsoglou N. and Fletouris D.: Drug residues in foods, Aristotle Univ. of Thessaloniki, Marcel Dekker Inc., 2000.

• Breneman C.J.: Handbook of food allergies. Marcel Dekker Inc., NY, 1986. • Hathcock H.J.: Nutritional toxicology (vol 1). London Academic Press, 1982.

Grade (descending order)	absolute frequency		re freq	elative uency %	sum of success rates per class		
FOOD TOXICOLOGY							
10		4		12%	12%		
9		7		21%	32%		
8		9		26%	59%		
7		10		29%	88%		
6		4		12%	100%		
		34		100%			

## Performance Statistics of the last 2years