



Green & Sustainable Academic Libraries in the Post-COVID Era

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Webinar *“What does a good day at work look like?”*

Finding joy, making the most of the workday, and contributing to a positive organizational culture”

By **Liz Cooper**

Social Sciences Librarian/Associate Professor, University Libraries,
Zimmerman Library, University of New Mexico, USA

Hellenic Economic Library Network

Description

We spend a great deal of our waking lives at work. How can we find joy at work and contribute to building a positive organizational culture in our libraries? Join us for an interactive workshop learning from each other as we think wildly and radically about questions such as:

- What would a good day at work look like?
- What do I value in my current work environment? What do I value that is missing in my current work environment?
- What makes a work day fun? Engaging?
- What activities could I engage in to build community and a positive environment at work?

Participants will leave with greater awareness of what brings joy to them at work and create a plan to build on this when they return to their organizations.

Scope, Outcomes

We spend a great deal of our waking lives at work, so how can we find joy at work and contribute to building a positive organizational culture in our libraries?

Libraries are a special work environment and most of us are fortunate to spend our days working in organizations that value knowledge, learning and community. How we interact with our organizations and create spaces for ourselves within them can make a difference for both our own happiness as well as the success of our organizations. Research has demonstrated that more joyful individuals create better experiences for

their customers, colleagues and organizations (given the proper support!). What are things we can do to build our own joy, change our own perspectives, and perhaps bring change to our organizations?

During this workshop, participants will be introduced to literature, research and concepts related to joy at work and its benefits; engage in reflection and discussion activities with conference participants to become more self-aware about their values and what does and could bring them joy at work; and leave with a plan to develop their joy at work.

Duration

1,5 hours

Language

English

Maximum Number of Participants

No limitations – registration is required

About Liz Cooper

Associate Professor, Subject Librarian, Learning and Outreach Services

As the Social Sciences Librarian, Liz is the liaison to the Linguistics, Political Science, Psychology, Sociology, Anthropology, and Speech & Hearing Sciences Departments; the Global and National Security Policy Institute and the International Studies Program; and the Global Education Office and its Center for English Language & American Culture (CELAC). As the liaison to these departments and programs, she conducts one-on-one research consultations with students, faculty and staff; leads library instruction sessions; selects and manages materials for related library collections; and, in conjunction with the Library's Research Data Services department, supports social science data needs. She also leads the Library's Social Sciences Collections Cluster.

Liz received an MLIS from the University of Texas at Austin, an MA in Middle East Studies (with a concentration in anthropology) from the American University in Cairo, and a BA in English from Texas A&M University. Before coming to UNM, Liz worked at San Antonio College, the American University in Cairo, Emory University, and the University of Colorado Denver. She has worked in and managed a wide variety of library departments such as Library Systems, Reference, Instruction/Outreach, and Planning, and has worked as a social sciences librarian for over 15 years. Her passion is for social sciences librarianship and she is very excited to be supporting the social sciences departments at UNM.

Liz's research interests include internationalization and academic libraries, access to information in low- and middle-income countries, and qualitative research methods. Her contributions are on Peer-reviewed Journal Publications, Book Chapters, and Conference Proceedings.