

The background of the entire page is a photograph of the Atomium structure in Brussels, Belgium, featuring its iconic spherical nodes and connecting tubes against a clear blue sky. A semi-transparent white box on the left side contains a list of benefits for the internship program.

Contact us today

Enrich your CV with a high level international experience in the heart of Europe...

Join us in Brussels!

Gain first-hand work experience and benefit from networking opportunities

Practice foreign languages in real-life situations

Get prospective job opportunities

Achieve professional improvement

Receive individual orientation and guidance

Learn in multi-cultural environment

Benefit from comprehensive packages & continuous support

INTERNSHIP PROGRAMME IN BRUSSELS

Experience in the heart of Europe

5senses

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5senses
EXPLORE OUR WORLD

Brussels awaits you...

Brussels is multicultural and plurilingual. Its population is cosmopolitan and the unexpected awaits you at every turn. No matter what time of year you visit, there's always something happening! Creativity here is contagious, good food is easy to find and the mood is festive. Add a dash of humour and a pinch of self-mockery and you have the recipe for the city's legendary conviviality.

Less than two hours from Paris or London, the incomparable quality of life and the modernity of its infrastructures make Brussels the premiere city for congresses, conferences, lobbyists or press correspondents... as well as the best place for an Internship that cannot be equalled!

In Brussels you will be gaining experience with the top International players in every industry!

The 'Capital of Europe', Brussels is a hub of business activity housing the European Commission, many fortune 500 companies, major banks, top international businesses and the primary offices of many international organisations. Its role and its talents may be on a vast scale, but it owes its very special charm to its human scale. It is an ideal size which enables it to adapt to your requirements or wishes, however ambitious they may be, and however long your stay.

...so do our 1,500 hosting partners

5 Senses is actively involved in European Mobility Programmes for students, professionals and researchers that choose Brussels as a host destination for their vocational internship, professional training or exchange programme.

Today we are collaborating with more than 1,500 host organisations to make sure that your mobility reaches excellence, quality and learning.

Join 5 Senses in Brussels

- A minimum placement of 3 months;
- Shared accommodation in furnished apartments;
- A dedicated and experienced support team located in Brussels;
- Continuous monitoring of the trainees during their mobility placement;
- Language Courses in English, French, Spanish, German and Italian.

Why choose 5 senses?



In Brussels 5 Senses has developed a strong network of internship opportunities with Members of the European Parliament, lobby groups, international humanitarian and peace organizations as well as placements in business, health care and museums.

5 Senses provides a comprehensive service to both Individual and organisations like schools and universities, to organise internship programmes within various fields. 5 Senses works to ensure that all details of the internship from logistics to accommodation to review and monitoring are of the highest level to ensure participants benefit from the best possible experience and reap the highest rewards from investing in their own or their student's education.

An Internship that matches your studies...

The 5 Senses placement in Brussels is tailored to give you the most benefit by linking you with businesses and organisations that match your field of study!

Placements are available in:

Politics, International Relations, European Affairs, Lobbies, NGOs, Policy, Advocacy, Translation, Project Management, Business, Research, PR & Marketing, Communications, Finance and Economics, Insurance, Administration, Social Work, Design, ICT, Tourism, Hospitality, Environment, Media, Security, Events Management, Law, Engineering, Architecture, Entertainment and Animation, Retail, Real Estate, Sports, Photography and much more...

Our students in Brussels have worked with leading organisations from amongst our partners, including: The US Chamber of Commerce, Members of the European Parliament, the Embassy of Malta, the Centro di Ricerca Nazionale, the Hilton and the Crowne Plaza Hotels in Brussels.